RESTAURANT REVIEW

Could you handle the Cosmo's 'Hill Topper'? Our managing editor tackles the challenge on **page 8.**

PUPPETS...?

For a review of "Dogugaeshi," flip to **page 10.**

DIRT OFF YOUR JERSEYS

See **page 16** to read about how field hockey broke its 22-game losing streak.

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THE SPECTATOR
Thursday,
Sept. 19 2013
Volume LIV Number 3

Charity golf tournament gets students to the green

y Julia Grace Brimelow '14
ews Editor

Tompkins Golf Course, located ehind the Margaret Scott Bundy ield House, is not usually the site f collegiate competition, spectator nthusiasm or big wins for the amilton community. Both the men's nd women's golf teams practice and ompete off campus, rendering the ill's own course a recreational and rguably underused resource.

But the brothers of Chi Psi, aunching their philanthropic efforts or the academic year, breathed new fe into the facility this past Sunday y hosting a successful charity golf ournament for 15 teams, pulling from reek and non-Greek communities cross campus.

"Golf has always been a common nterest amongst brothers in the raternity and we felt that there were any in the Hamilton community that hared this same interest. With golf eing such a leisurely sport, we felt hat it would be a great fit to kick off harity events for the year," said Fumi saga '14, the event's coordinator and hi Psi's Philanthropy Co-Chair.

Although hosted by Chi Psi, he tournament was neither a Greek hilanthropy Union initiative nor a raternity tradition. Instead, the brothers ere motivated by what Asaga called a "spontaneous decision" to extend a competitive yet playful environment of sport to the entire Hamilton community.

The tournament was developed with this spirit of friendly competition in mind. Interested teams of four secured their spot in the tournament with $5, and competed not only for a $25 gift certificate to Giovanni's, but the right to donate the funds raised to a single charity of the winner's choice. The style of play was also modified to create a teamwork-driven, playful atmosphere.

"The rules of the game were a scramble style of play. This is where teams would all hit off the tee. The best shot off the tee would be the next spot to be shot from by everyone. This would continue until the team cohesively reached the hole. We felt these rules allowed for individuals on a team to not feel pressured for every shot they took, at the same time a competitive atmosphere was maintained amongst teams," said Asaga.

With help from Director of Athletics John Hind, Associate Director of Athletics Kerri Fagan and Steve Stetson, head coach for men's golf, the fraternity was able to organize, publicize and execute the event in a week's time. Despite this small time frame, the event attracted heavy interest and enthusiasm from the student body.

*see **Golf**, page 3*

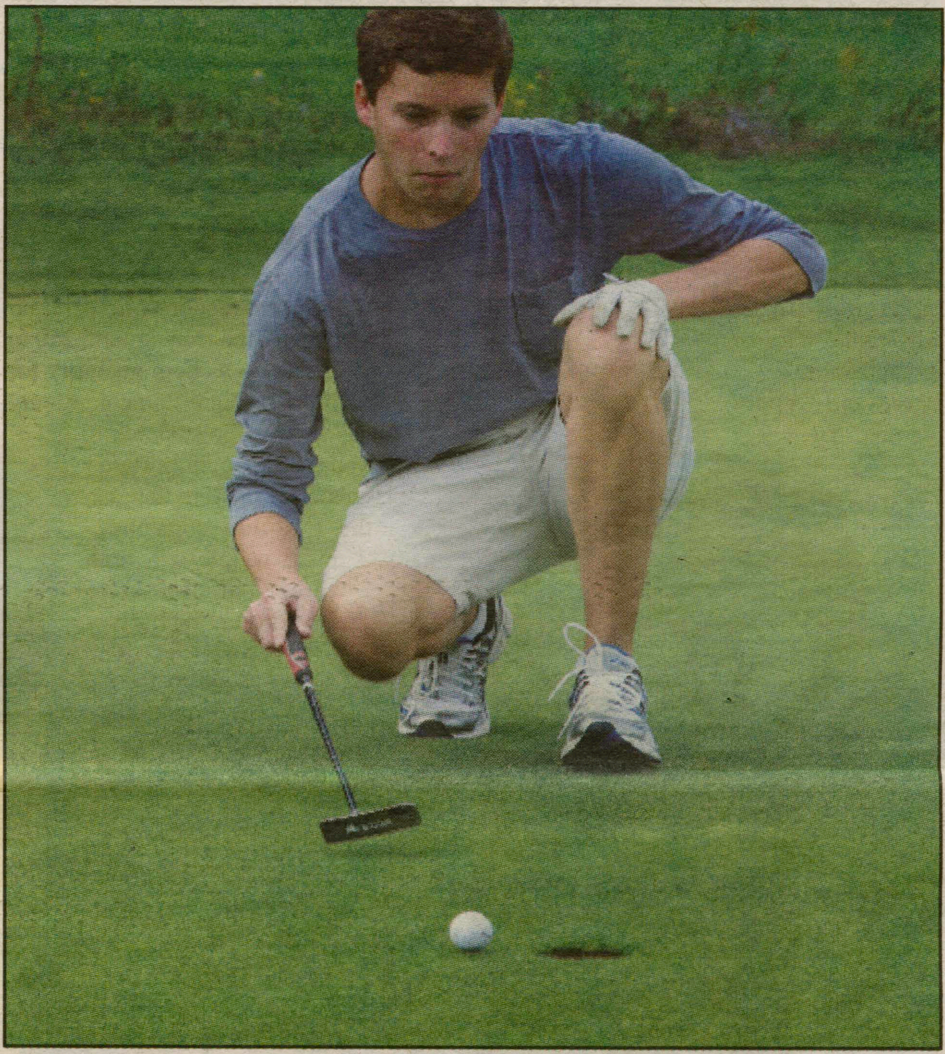


PHOTO BY HANNAH LIFSET'14

Matt Langan '14 makes a shot during the charity golf tournament Sunday.

Google brings Street View to campus

y Hristina Mangelova '16
ews Contributor

Google wants a piece of Hamilton. Can we really blame them? Who could resist those gorgeous campus greens, the breathtaking Chapel and the unique mixture of Beaux-arts classicism, Colonial revival and Contemporary architecture? Or maybe Google heard that Hamilton was ranked #14 in the this year's edition of US News and World Report's ranking of Liberal Arts Colleges...

Last Thursday, Google's Street View car, carrying several computers, stuck cameras, lasers and a GPS device, traversed College Hill Road and captured multiple photographs that will eventually be compiled and imaged into interactive, 360-degree panoramas. This type of modeling will allow anyone to virtually navigate through the campus as f he or she were here, a feature that will be especially beneficial or prospective students who do not have the opportunity to visit Hamilton.

According to Jesse Thomas, ITS Network/Systems Administrator, it will take between four and six-months before the captured imagery goes live. The colleges that are currently featured on Google Street View include Boston University, Dartmouth College, Cornell University, Stanford University and Washington University, among others.

ZAGG.COM

Google Street View is a technological feature of Google Maps and Google Earth that can provide you with a panoramic view from all continents. Put simply, you can stroll down Champs-Élysées, zoom in and out of Golden Gate Park or stare in awe at Time Square's flashiness—all at the click of a mouse. If you decide you want to visit the Galapagos Islands while in line for mac and cheese in Commons, simply download the Google Maps application for your iPhone, BlackBerry, Windows or Google phone.

How to use Hamilton's Google Street View:

1. By early February, when there will be so much snow so few rays of sunshine that we'll be asking ourselves "Was there ever any sun?" simply open Google Street View and stroll down a snowless and sunny Martin's Way.
2. Shoot a message to your friends near and far bragging about how beautiful Hamilton is! Now you have the panoramic, photographic evidence to prove it.
3. Feeling nostalgic during summer break? Can't wait to come back after a semester or a year abroad? Maybe a virtual walk around the Glen will make you feel better.
4. Look for Hamilton's "Easter Eggs." You'll be amazed how many funny, embarrassing and shocking moments the street view has captured.
5. Everyone says that Hamilton is small, but can you identify the blurred faces of your peers on street view? Put your facial recognitions to the test!

Other ways to explore using Google Street View:

1. Visit Everest Base Camp or Mount Kilimanjaro
2. Practice your Chinese, Croatian, Czech, Dutch, French, German, Italian, Japanese, Polish, Portuguese or Spanish. Google Street View is available in all 11 languages (and English, of course), plus there is a Romanian beta version.
3. Take a peek at places you've never heard of before (like Plovdiv, Bulgaria, ranked third of the most beautiful ancient cities in the world) and decide for yourself if you want to make the trek IRL.

Rainbow participation and support skyrocket

by Katharine Fuzesi '17
Contributing Writer

Thirty years ago, Rainbow Alliance did not exist at Hamilton. Instead, a group of students met off-campus to support each other and discuss their roles in the LGBTQ community as a part of an organization known as the Gay-Lesbian Alliance. For many students, this organization provided them with "a few friends who were also gay who could relate to the problems of living 'in the closet'," as one student wrote in a letter to the organization. However, GLA met in secret, and the only way to join was to know someone in the group.

Today, students who identify with or support the LGBTQ community face fewer struggles. Through the Rainbow Alliance, there have been enormous improvements in the Hamilton community's approach to gay rights. The organization serves as a support group for LGBTQ students at Hamilton as well as the primary voice for queer issues and equality of peopleacross other demographics.

Established officially in 2001, Rainbow has grown in both popularity and prestige. The evolution of the club's meeting place—from a secret, off-campus location, to the basement of Keehn and now finally a dedicated space in the Days-Massolo Center—shows how far the group has come. The addition of the DMC in January 2011 both physically and symbolically established Rainbow's place on campus: Its construction has allowed Rainbow to enter a new era.

This year, Rainbow plans to once again compile its annual Out and Ally List. The young tradition, beginning in 2011, encourages students and alumni to sign their names in declaration of their status as either out or an ally. The event usually takes place around National Coming Out Day, Oct. 11, during LGBTQ History Month.

In the two years it has run, the number of participants on the Out list increased from 34 to 89 and the number of participants on the Ally list increased from around 250 to 450. The list serves as both visibility for the club within the Hamilton community as well as a way for students to get involved in these important issues. The hope is that as the tradition continues, more people will both feel empowered to declare themselves out of the closet or feel confident and informed enough to sincerely call themselves an ally.

Rainbow's membership is growing yearly. This semester, its first two meetings generated about 60 consistent attendees, about half of whom were first-years. Just these facts alone say a lot about the developing Rainbow, but they also say something about Hamilton. Slowly, Hamilton is becoming a more comfortable place for LGBTQ students. These are positive signs for LGBTQ students at Hamilton. However, the fight is not over yet.

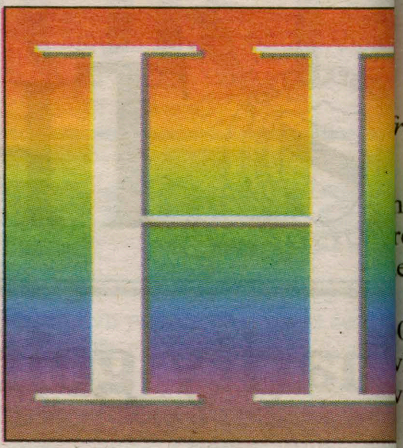
Rainbow Alliance President Jose Vazquez '15 states that Rainbow's current goal for the semester as well as for the club in the future is SASS: subtle activism and social support. Vazquez says that the Hamilton community seems "generally accepting. This isn't a homophobic campus, but people have a very shallow perspective of what it means to be accepting."

Therefore, it is Rainbow's mission to challenge people on their understanding of LGBTQ: What does it mean to be LGBTQ and what does it mean to be a real ally? It's also the goal of the club to continue to provide an outlet for people to talk about these important issues and in order to do that, the club needs to ensure constant support from the Hamilton community.

"The tides are changing... though DOMA has passed it doesn't the misunderstanding isn't still the said Vasquez. "Do students know heterosexual privilege means? Do know about transgender issues? And the answer to these questions is a confi yes from this entire campus, Rainbow's will never been done at Hamilton."

For more information about Rain keep an eye out for emails about its we meetings and events. You can find Rainbow on Facebook Instagram.

Officers Jose Vasquez '15 (left) and Doug Santoro '14 raise awareness for Rainbow on the Hill.



PHOTOS COURTESY OF RAINBOW ALL

Campus Safety Incident Report

In an effort to increase Campus Safety's transparency and draw attention to students' dangerous and destructive behaviors, *The Spectator* will publish a selection of the Campus Safety Incident Report each week. Both Campus Safety and *The Spectator* will use their discretion regarding what is published.

Friday, September 6, 2013

12:10 a.m.	Medical Emergency — Residence Hall
12:15 a.m.	Noise Complaint — Milbank Hall
3:10 a.m.	Noise Complaint — Kirkland Hall Exterior
9:06 a.m.	Medical Emergency — Residence Hall
3:02 p.m.	Marijuana Complaint — Babbitt Exterior
10:51 p.m.	Disorderly Conduct — Eells Hall
11:05 p.m.	Noise Complaint — Milbank Hall
11:16 p.m.	Noise Complaints — Milbank/Babbitt
11:40 p.m.	Marijuana Complaint— Ferguson Hall

Saturday, September 7, 2013

12:04 a.m.	Noise Complaint — Milbank Hall
12:13 a.m.	Disorderly Conduct — Jitney
12:24 a.m.	Noise Complaint — Milbank Hall
12:48 a.m.	Larceny — Anderson Rd
1:26 a.m.	Noise Complaint — Keehn Hall
1:50 a.m.	Liquor Law Violations — Elihu Root Exterior
2:46 a.m.	Smoke Detector Activation — Carnegie Hall
11:21 a.m.	Medical Emergency — Residence Hall
12:40 p.m.	Fire Alarm — Skenandoa House
1:58 p.m.	Disruptive Party — Griffin Road Apts.
4:56 p.m.	Medical Emergency — Residence Hall
5:26 p.m.	Marijuana Complaint — Babbitt Hall
9:23 p.m.	Area Check — Carnegie Hall

Golf tournament raises $400 for local charity

from ***Charity****, page 1*

"We signed up because we recognized that it was for a great cause and winning a free Giovanni's pizza just sweetened the deal," said participant Carter White '14.

On the day of the tournament, around 60 spectators came to support the teams, which included members of the men's and women's golf teams, hockey players and a few of Chi Psi's own members.

At the end of nine holes, two teams tied for the lowest overall score with 5 under par. The team of Xavier Morin '17, Evan Haney '14, Kenney Matheson '16 and Dominic Jancaterino '15 was named the winners along with White, Liz Morris '16, Charlotte Chandler '17 and Eli Shakun '16.

Ultimately, the event generated $400 to be put towards charity. The two winning teams decided to donate the funds to a organization that would have an immediate impact on those in need. They singled out The Montgomery Experience, a local non-profit that works with children in the area who are living with leukemia, as the single recipient of the money.

"I was personally very happy with how things went. It really made me proud of being a part of this community knowing that people came out to support our idea," said Asaga.

This example of outreach and service is a powerful model for future community service projects, Greek or otherwise. While the money raised will benefit the community at large, the event itself helped bring the campus community together and enjoy a special campus facility.

"I hope that the success of this event is the start of an annual tradition that Chi Psi is willing to put on for [all] Hamilton students to enjoy," said White. "Hamilton students love getting the opportunity to enjoy a pleasant round of golf with a few friends on a beautiful Sunday afternoon."

PHOTO BY HANNAH LIFSET'14

Katie Steates '15, Lainie Smith '16 and Allie Gurney '14 make their way across the green.

Student Assembly Update

by Kristopher Smith-Lane '16
Contributing Writer

Constitutional Changes

The Constitution Committee proposed several changes, including tasking the Director of Public Communications with the maintenance of social media outlets, combining Robert's Rules of Order clauses for emergency situations and changing the conditions that would permit a revote. Changes to the bylaws included revisions to the attendance policy and the announcement of elections two weeks in advance, rather than three weeks in advance. All changes were voted for and passed unanimously.

New Members of Student Assembly

The Student Assembly welcomed new members from the class of 2017. Joining SA are 2017 Class President Bowin Lee, Secretary/Treasurer Hunter Sobczack, and Class Representatives Jack Siegel, Zachary Blumenkehl, Andrew Fischer, Alex Hollister, and Benjamin Schafer.

AMHERST BATES BOWDOIN COLBY CONNECTICUT COLLEGE

NESCAC NEWS

by Brian Sobotko '16
News Writer

Amherst celebrates successful fundraising campaign

The recent period of financial uncertainty has had a deep impact on the entire higher education community. When Amherst College launched a fundraising campaign in October 2008, the same month the global financial crisis began, the operation seemed destined for trouble. However, the campaign—which brought in $502 million over the last five years—exceeded the initial goal of $425 million. The campaign worked to continue some of Amherst's most fundamental practices, including need-blind financial aid. Amherst President Carolyn "Biddy" Martin expressed appreciation to all those who contributed to the success.

"The fact that this campaign was aimed at ensuring socioeconomic, racial and ethnic diversity at Amherst as well as affordability is certainly worth celebrating because it reflects so well upon those who helped make it a success," Martin said.

This weekend, the College will celebrate the successful campaign with music, lectures and discussion among members of the Amherst community, including an opera composed by an Amherst professor, a debate on affirmative action with Amherst alumni and a keynote address from a trustee titled, "Education in the Liberal Arts and Sciences: Glancing Backward, Imagining Forward."

Connecticut College renews focus on sustainability

At last month's Convocation ceremony Connecticut College unveiled new plans to renew their commitment to sustainability. The college defines sustainability as economic stability, social equity and diversity and environmental stewardship. This year marked the reopening of the Steel House, which will house the new Office of Sustainability and the unveiling of the college's new Sustainability Strategic Plan. The focus on sustainability leads to more worldly courses and research opportunities and empowers students to increase the culture of sustainability via initiatives/organizations and the opportunity to be campus/community role models. The sustainability initiative works to inspire members of the Connecticut community to be leaders both on their campus and beyond.

"Compared to a vast majority of schools, we are way ahead. Our work builds on environmental efforts we have had in place for a long time. But we have now reached new heights in holistic sustainability and we have committed the College to a long-term plan for even greater achievement," President Leo I. Higdeon Jr. said at convocation.

The message of sustainability has become a campus wide message. During Convocation, Art Professor Denise Pelletier echoed the theme.

"It's natural to compare the enormity of a problem with our own smallness, and we tend to rationalize at least some bit of helplessness in this equation," she said. "We all need community for personal and global sustenance. Nobody here's going to go it alone."

MIDDLEBURY TRINITY TUFTS WESLEYAN WILLIAMS

Down with downtown housing, up with campus unity

At the Sept. 9 Student Assembly meeting, Dean of Students Nancy Thompson and Senior Associate Dean of Students Meredith Harper Bonham announced to little fanfare that downtown housing will soon cease to be an option for Hamilton College students. While leases signed for the 2014-15 academic year will remain valid, all housing will be off-line by the fall of 2015. How many people will this change affect? And, more importantly, why did the administration make this decision?

In truth, only two percent of students (around 40 seniors) live off-campus. But the presence of these students in the wider community—often coming from one of Hamilton's Greek societies—does serve the important purpose of connecting the Hill to our neighbors. Having the choice to live off-campus also highlights the trust the administration places in seniors to manage their own rents and living spaces, which is an important responsibility to develop for life after college.

The administration argues, however, that these benefits are outweighed by much larger costs. Their rationale rests on two major planks. First, the College actually decided to end downtown housing in 1995 when Greek houses were re-appropriated into all-campus residence buildings. The only reason this reform was not implemented with the rest of the housing reforms is that the campus has lacked enough beds to accommodate all students. With the completion of new facilities by 2015, that concern will be mooted.

Two, the logic employed for ending downtown housing in 1995 applies just as well today. The overriding principle behind the housing changes was that: "Hamilton is a residential college. All students will live in College housing, and all residential spaces will be available to all students." Benefits of such a principle include equal access to all facilities, a shared living and learning environment and a unified liberal arts campus.

The only argument that could be brought against phasing out off-campus housing is that Hamilton does not offer a wide enough variety of on-campus housing. Yet, from the apartment living of G-Road and 4002 Campus Road to the traditional living of Ferguson and Carnegie to the suite living of Milbank and Babbitt, Hamilton provides more than enough housing options. Hence, *The Spectator* finds both the logic for ending downtown housing convincing and the administration's policy of phasing out housing over two years fair to those few students who are directly affected.

***The Spectator* editorial represents the opinions of the majority of the editorial board. It is not necessarily unanimously agreed upon.**

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A volunteer staff of students handles all aspects of the weekly publication.
The purpose of the newspaper is to provide the Hamilton Community with an honest, fair, timely and high-quality publication.**

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Letters to the Editor are welcome from all student alumni/ae, faculty, friends of the college and Hamilton com munity members.

The Spectator has the following policies for submission:

1. Submissions are due by 10:00 p.m. on the Monday befo publication. The editors reserve the right to refuse any la submissions.
2. Letters should be no longer than 500 words. The edito reserve the right to cut off letters at 500 words.
3. Letters submitted anonymously will not be printed.
4. The Spectator reserves the right not to publish any letter deems inappropriate for publication.
5. If a piece is determined to be libelous, an unwarranted i vasion of privacy, or an unnecessary and/or unwarranted a hominem or personal attack, it will not be published.

About Us

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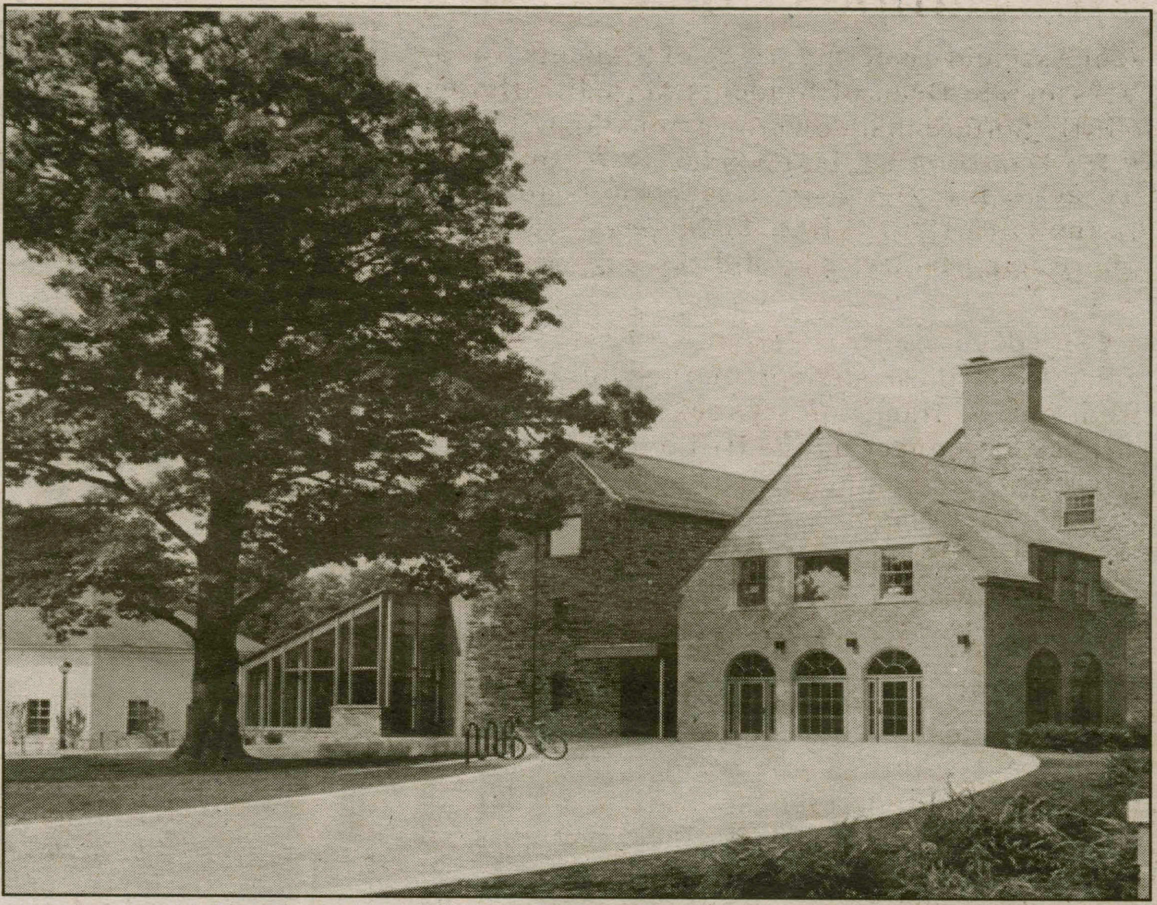
Social space changes limit student options

By Mark Parker-Magyar '15
Opinion Contributor

Hamilton College has an undeniable issue with how its students consume alcohol. Last year, there were eleven resuscitations (partial and full) of Hamilton students who stopped breathing because of how much alcohol they consumed. There have been two so far this year. It's the fear of what happens if a student is not resuscitated in time that has been driving recent shifts in Hamilton's alcohol policy. But those leaders' decision to make Sadove Basement a substance free location on Thursdays and Saturdays is not a step in the right direction.

The reasoning behind this decision was the feeling that there aren't enough substance free options on campus on social nights, leading to a weak substance-free environment. And yet, consider the avenues substance-free students had to organize parties last year:

- A permanent substance-free Social Space in the Barn, hosting school planned events on Friday and available any other day of the week.
- A period of a week before the Social Space lottery, where any organization can book any Social Space, on any night, as long as it's non-alcoholic. Hypothetically, substance-free groups could have booked Thursday Friday and Saturday in Sadove Basement, or any Social Space for that matter, every single weekend last year. But they did not.
- And finally, substance-free groups can attend the Social Space lottery along with every other Hamilton organization.


HAMILTON.EDU

This year, Sadove Basement became a substance-free social space on Thursdays and Saturdays.

Substance-free students had and have more avenues for booking Social Spaces for parties or events than any organization that serves alcohol, but those parties and events did not materialize. The issue is not the availability of spaces for substance free events; it's the demand for them. Even the Hamilton funded Late Nite events are not that well attended. Leaders of Campus Activities Board and Student Assembly agreed on this when the Sadove Basement decision came up at the Student Assembly meeting on September 9. Instead of serving an underrepresented part of the community, the decision to take away Social Spaces that serve alcohol just makes drinking on campus more dangerous.

Between the Sadove Basement decision, and the decision last year to make the Hub unavailable on Thursdays, there are significantly fewer Social Spaces available for events that serve alcohol as compared to two years ago (a quarter decrease to be precise). That decrease, combined with the ever increasing number of Hamilton community groups that go to the Social Space lottery (I've been to four lotteries, there are more groups each semester) means there are fewer and fewer Social Spaces available for groups that will drink, regardless of whether or not they have a Social Space.

In a year and a half, we have gone from five rounds of the lottery before the spaces run out, to three. Why is this an issue?

Because drinking in Social Spaces is less dangerous, the decrease in Social Spaces for groups that serve alcohol leads to more parties with mixed drinks, an absence of sober event staff or social hosts at parties on social nights, an increase in the number of students who pre-game with hard alcohol before going out, and a smaller group of self-policing friends to spend time with on the weekends.

In short, it leads to the type of drinking that spurred the creation of Social Spaces in the first place.

Instead of reducing available social spaces, we should be expanding the number of social spaces to mee the demand of the 90% of Hamilton that drinks (according to the Planning Committee's summer report). Ultimately, organizations should have a greater ability to throw parties that are both large enough to meet the Hamilton student's demand, while still being safer than the alternative of more underground and unsupervised drinking.

I know it's not easy to find spaces on campus that can operate as social spaces, and at some point Hamilton might need to consider construction on existing buildings to facilitate this process, but that just makes this conversion of Sadove Basement all the more indicting.

The leaders of this school are not against social spaces. Student Body President Anthony Jackson '15 and a community of adult and student leaders are currently looking at options for creating at least one other social space. he fact that we have social spaces at all is a privilege, and it is a good policy for managing drinking at Hamilton.

My argument is simply that Hamilton should commit further to good policy rather than keeping it steady or mitigating it, especially in favor of what will likely be a vacant space most social nights.

College students drink, underage or not, and Hamilton is no different. By increasing the number of Social Spaces so that the groups that want to drink can drink safely and with supervision, school leaders will make Hamilton safer in the long run.

Thumbs Up

The Charity Golf Tournament: Students will swing metal rods above their heads during a harrowing lightning storm all for the grand prize of $25 at Giovanni's.

Sock-Hop on Friday to Shlohmo on Saturday: Like going from eating a three-course meal at Nola's to eating half of a hashbrown off the Diner B floor.

DJ Interest Meeting: Weekly gathering to discuss all things *Full House*.

Thumbs Down

Apparently there are lockers in the library: At a school where students leave their laptops, wallets and trust-funds unattended in unlocked KJ study rooms, it is important to lock up your photocopied JStor article.

Dorm Inspections this week: the only time a set of Christmas lights and a hot-plate turned meth-lab are equally grave offenses.

Trail Mix Bar moved from Monday to Tuesday: because time is a social construct and the new, crunchy, granola-loving Commons doesn't want to be dragged down by the "man" with his "clocks" and "calendars."

Who Cares?

Commons Celebrates Adam Sandler's Birthday: Future high holidays: Kevin James Jitney Rides, George Lopez Late Nite and Dane Cook Cook-Off.

Student Assembly Elections: Hot topics include cuter Hill Card photos, shorter lines in McEwen and the candidate's stance on the crisis in Syria.

Ham and Cheese Interest Club: In a world where lunch is dictated by Mango Brie Paninis and organic, grass-fed tofu, we finally have a club for the common man.

by Wynn Van Dusen '15, Carrie Solomon '16 and Jessye McGarry '16

Disclaimer: The opinions expressed in this column are purely of a satirical nature, and are not representative of the views of *The Spectator* editorial board.

Congratulations, Wynn!!!

On being promoted to Duel Staff Writer

Love,
The E-Board

Shopping period could enhance student experienc

By Katharine Fuzesi '17
OPINION CONTRIBUTOR

HAMILTON.EDU

The Registrar, located in the Elihu Root House, determines the add/drop period.

As a first-year fresh off the college tour, I have heard from many colleges about their different versions of the add/drop period.

While some schools have a "shopping period" during which time students are encouraged to sit in on multiple classes before committing to one, Hamilton does not offer this option.

Would this addition be helpful? Maybe. The open curriculum can be overwhelming to students who have no idea which direction to take without the guidance of distribution requirements.

In this case, the "shopping" period would allow students to "taste" different subjects which they are interested in but unfamiliar with, without fully committing. In this case, the issue becomes whether or not their experiences as they "shop" for classes would persuade or dissuade students to take certain classes. However, let's take a step back.

If the purpose of a shopping period is to persuade students to "step out of their comfort zone," then why is it that important? And would the shopping period in fact accomplish this goal?

From what I've learned on my extensive college tour, it is those crazy, out-of-left-field classes that have the greatest effect on most students' college experiences.

These courses often shed light on areas of study with which students are unaquainted, introduce Hamiltonians to professors they probably never would have met otherwise sometimes rank am students' favorite cla they've taken on the come senior year.

If that's the goa place students in cou they might not have ch independently, will the dition of a shopping pe help achieve it?

The way I see it open curriculum at Ha ton generally attracts kinds of students: t who want to take cou in a variety of fields those who want to courses all in one ge area of study. The fo come to Hamilton alr encouraged to take of different classes, therefore do not nee gentle push of the s ping period to try so thing new.

The latter c to Hamilton determ to avoid that class never want to take ag in which case the s ping period would n the opportunity to ch their mind.

For these reasons, I expect that a shopping pe would have little effect on the way students se courses. However, I also believe that learning much about finding a comfort zone as it is gettin of that comfort zone. Therefore, the implemen of a trial shopping period might be a considera for the Registrar to make in future academic ye

HEAG's Corner: Power Shift Conference

By Alicia Rost '15
HEAG MEMBER

POWER SHIFT
OCTOBER 18-21 • PITTSBURGH, PA
POWER SHIFT
2013 IS COMING
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Corporations influence our government. We learned that back in AP Gov, right? Corporations and individuals contribute insane amounts of money to our politicians, and in return, our politicians keep those corporations' agendas in mind as they vote on our nation's policies.

Big Oil and Big Coal, huge industries doing everything in their power to keep the US hung up on fossil fuels and their profits forever increasing, are prime contributors to the corruption of American government. Because, let's face it, there's evident corruption among our officials. Most politicians will listen to whoever secured their campaign costs; whoever gave them the perks they so desired; whoever doles out the most money.

In the end, our government no longer works for the people, by the people. It operates in accordance with big industry's ambitions, under a facade of old, white, rich and mostly male faces that we call government.

The government should listen to its people, and not filthy money. Our voices should be heard and not simply brushed off as naiveté.

We are the Millennial Generation, a generation more educated and more diverse than our parents' or grandparents' generations. We are not ignorant, but informed participants of society. Government now neglects our voices; it is time our opinions became a priority. It's time for a shift.

Power Shift, a weekend long conference in Pittsburgh (October 18-21), will mobilize 10,000 youth leaders into action, training college students in leadership and activism, learning about current environmental issues and the possibilities for a sustainable future. This upcoming convergence of impassion students can control t country's conversati about climate change. W the Keystone XL Pipeli up in debate, hydrofrac ing destroying ru Pennsylvania, pa of Texas, and comi for upstate New Yo and private colleg endowments tied in Exxon Mobil a BP energy corpo tions, it is time demand change. A Power Shift will just that.

Come join in revolution agai extreme energy w professional trai ings, well-kno speakers, pump college students, day of action, a even an includ concert. And if no ing else, spend f break on a free t to Pittsburgh!

Interested? Feel free come to a HEAG meeti (Tuesdays at 7:30 p.m. the Glen House) or co tact Risa Nagel at rnagel hamilton.edu.

College panel provides insight into Syrian case

By Cesar Renero '17
Opinion Contributor

The Middle East has yet again come to the forefront of international discussion with the recent Syrian crisis and polemicized chemical attack, which have tested the world's readiness to confront such events.

Presently, the United States and its allies are challenging Bashar Al-Assad's regime, which they blame for the attack, while Russia—one of Syria's key partners—has been attempting to avert military action in the region. Russia has consistently affirmed that it does not believe Assad's government was responsible, and has insisted that the Syrian rebels are to blame.

On Sept. 10, Hamilton hosted a panel discussion which covered the Syrian crisis up to that point, featuring former Ambassador and Government Professor Ned Walker, History Professor Shoshana Keller and Arabic Professor Mireille Koukjian, who gave an insight into Syrian culture and the ethnic issues which Syria currently faces.

The panel gave a panoramic overview of Syria, from its birth as a colonial remnant of the former French empire, and the intentional territorial and ethnic divisions that the French implemented.

Keller emphasized how the French designed Syria to keep it under its sphere of influence. This meant that they purposefully created a dissonant and divided nation, in which no single ethnic group formed a majority—a system that could only be stable with French involvement.

Upon France's exit after World War II, Syria has suffered decades of political instability and inter-ethnic tension.

The panel then turned to the question of American involvement in the crisis.

Walker noted how the United States has left unnoticed many incidents which could be classified as violations of international conventions on war.

President Obama has called on the international community, particularly its European allies, to unite and intervene in Syria, even in a moderate and restricted fashion. Although Obama does enjoy the support of many countries and organizations (including the Arab League), military consensus has yet to occur.

Russia's role in the crisis has been that of the antagonist, with President Vladimir Putin's op-ed in *The New York Times* having an especially harsh welcome in the United States.

Due to the quickly changing nature of the crisis, the panel occurred about a week before the United Nations affirmed that chemical weapons had been used.

Although the United Nations failed to ascertain a responsible party, it did note that the nature of the attack would have involved sophisticated weaponry and capabilities the rebels are not known to have.

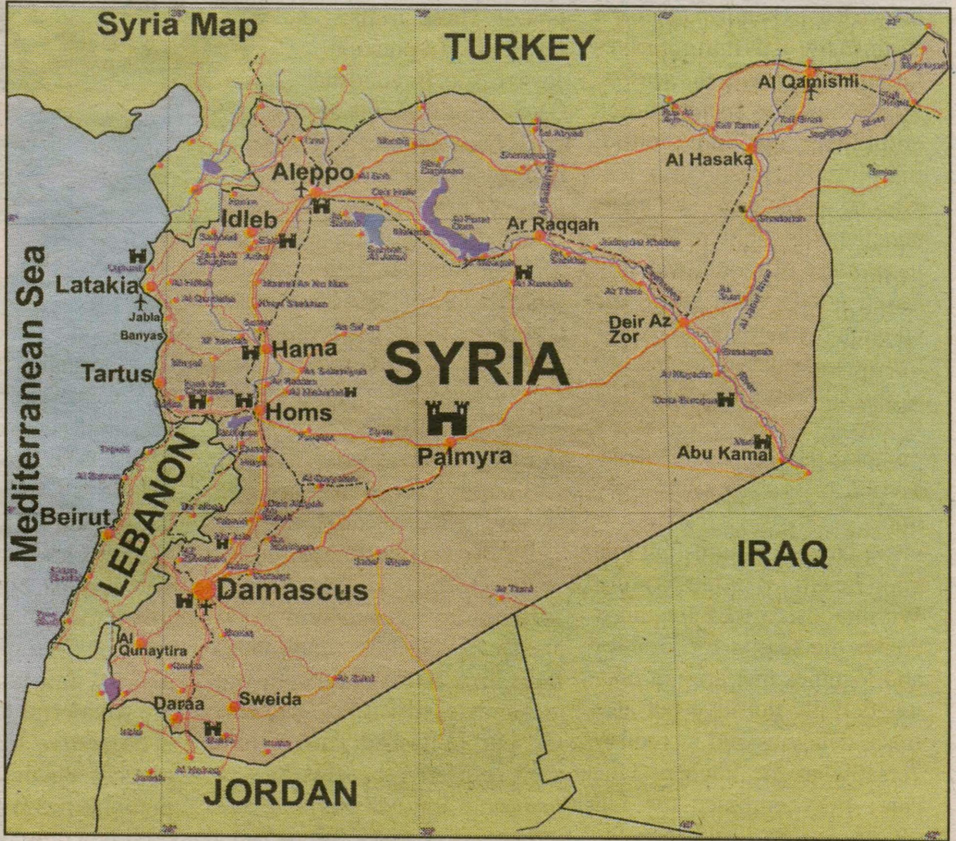
Russia, naturally, has questioned the validity of the report, and has insisted on a diplomatic solution. It would involve seizing and destroying the weapons Syria currently possesses, without a real punishment for the regime.

Walker also noted that the airstrikes proposed by President Obama, similar to the ones used in Libya, would be ineffective in "sending a message" to Assad. This is because if Assad relinquished power, other clans would retaliate against his family and clan. Thus, he is unlikely to step down voluntarily.

Moreover, Russia has a vested interest in reconstructing a link to the Middle East, which it feels it lost with Afghanistan in the 1980s. Also, Russia holds a naval facility in Tartus, on the Mediterranean Sea.

Nevertheless, this is an opportunity for the world to make a precedent and punish a country for using weapons of mass destruction. This action could potentially not be based on the Geneva Convention, which covers attacks done in a military conflict between two countries. However, it does not apply to an internal conflict between loosely banded rebels and an authoritarian government.

Alternatively, the United Nations could convene and pressure Russia into implementing, if not military action, economic sanctions to set the precedent that there will be a coordinated international response for the use of weapons of mass destruction.



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Since gaining independence from France in 1946, Syria has gone through several periods of unrest and minority control.

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Savor autumn's bounty with fall superfoods

by Ali Gay '17
Features Contributor

DEUXHEARTS.FILES.WORDPRESS.COM

As soon as a slight chill enters the upstate New York air and golden-yellow, red and brown leaves begin to fall to the earth, many of us find ourselves falling in love with the season.

Some of us spend autumn embracing our inner child, jumping fearlessly into leaf piles or apple picking. Others anticipate this time of year for its promise of mouth-watering baked goods—you know, the cinnamon-sugar-coated Apple Cider doughnut that you downed at the Clinton Cider Mill last weekend, or the spicy, sweet pumpkin pie you're sure to bake as soon as you have some spare time.

Likewise, it turns out that good health loves fall as well! With the onset of the fall equinox comes the season for produce and legumes that are not only wonderfully nutritive but also fresh, delicious and incredibly versatile in the kitchen! One can't fully embrace the fall season and its health benefits without adding these nutritional gems to his or her shopping list. Here are five such fall "superfoods" to eat and cook with now, and a few recipe ideas in which to enjoy them!

1) Apples: Rally a group of your friends and make a pilgrimage to your local apple orchard! These fruits have a good reputation for a reason. Beyond their dental health benefits, apples have been found to decrease diabetes risk and to aid in Parkinson's disease protection. Additionally, the skin of apples includes an antioxidant named quercetin, which helps combat disease in general. Reap the benefits of this fall fruit with one tablespoon natural peanut butter for a mid-afternoon snack, or slice them into your morning oatmeal with cinnamon and nutmeg for a breakfast both satisfying and splendid.

2) Sweet Potatoes: Forget the Yukon Golds; fall is the time to opt for the more "seasonally appropriate" spud! With their vibrant orange flesh, these sweet and starchy veggies are packed with beta-carotene; the purple-fleshed variety have their respective benefits as well, featuring antioxidants and anti-inflammatory anthocyanins. Blood sugar regulation and antibacterial and antifungal batatosides (sugar and starch molecules) are among the numerous other features of the sweet potato that make it both a delicious and nutritious food on its own, or a special ingredient in a variety of fall recipes. Try roasting spears of sweet potatoes with a drizzle of extra virgin olive oil, salt, pepper and rosemary in the oven for a healthier take on French fries, or mash them along with banana, butter, brown sugar, a touch of orange zest, and nutmeg for a comforting seasonal side dish.

3)Pumpkin: Sure, pumpkins are wonderful for carving and as a decorative touch to our front porches, but the real beauty of the pumpkin lies in its nutritional content! Not only is pumpkin loaded with the essential vitamins K, E, and B, but it is also a good source of protein, with about 2g of protein per 1 cup mashed, cooked pumpkin. Its high fiber content and cancer-fighting and skin-nourishing carotenoids make it that much more of an optimal dietary choice. Thus, why not treat yourself to a slice of smooth, spiced, and crusty pumpkin pie with a dollop of vanilla ice cream on top, a bowl of warming pumpkin bisque on a chilly night by the fire, or some pumpkin incorporated into your favorite pasta dish? Pumpkin's dietary benefits give you the excuse to savor these treats while you can!

4) Cranberries: One can't help but to be excited for Thanksgiving and fall cooking in general when he or she thinks of cranberry-orange muffins or tart cranberry sauce alongside hot, roasted turkey! Like pumpkin and apples, cranberry has its respective antioxidant power, but is unique in that it can help with preventing Urinary Tract Infections (UTIs), stomach ulcers and some forms of cancer. Cranberries, like oranges, are also a wonderful source of vitamin C, which is important for immunity, healthy and youthful skin, and cardiovascular and eye health.

5) Brussel Sprouts: There's a reason why your grandmother loaded your plate full of these mini-cabbages each and every Sunday; brussel sprouts, although not too popular among the kids, have various nutritional benefits. Phytonutrient-rich, brussel sprouts contain potassium, iron, and fiber, and can even help to lower cholesterol levels. Steam them for a flavorful side dish, or roast them in the oven with a touch of heart-healthy extra virgin olive oil and salt and pepper. Follow Granny's example and place these in your shopping cart now while they are at their peak!

These are only a few of the plethora of superfoods available during this special time of year, so don't stop your search there; add kale, beans, squash and beets to your diet, all of which are at their best during this time of year as well.

In the minds of many, fall equates to free candy on Halloween, scenes in the New England countryside and nostalgia. Yet, how can fall be complete without the sweet, succulent juice of an apple dribbling down your chin, or freshly-picked pumpkins that contribute to both decoration and a healthy diet? Take advantage of these few months to boost your dietary health; trust me, your body and your taste buds will thank you!

To eat like the king of the Hill, head to the bottom

By Emma Laperruque '14
Managing Editor

I first went to Cosmo's a few weeks ago with a group of friends—most of whom were male, most of whom had been there before. The floor is checkerboard black-and-white. Wooden wall panels decorate the walls. You feel like you're in a neighborhood gem even before you sit down. After learning that the local restaurant, which opened in September 2011 and serves casual American cuisine, now has a liquor license, we put away our jug wine, ordered some cold beers, and opened our menus. Or, at least I opened my menu. For those who had already eaten at Cosmo's, they knew exactly what they were getting.

It's called the "Hill Topper." The name sounds silly, but when this Everest of a sandwich is set before you, you'll gaze up at it from your chair, suddenly feeling very small. Including a double-bacon cheeseburger, and chili, and onion rings, and fried pickles, The Hill Topper takes no shame in targeting up-the-road college students who are always a little too excited to eat in a restaurant rather than a dining hall.

As all the men at my table ordered, "Hill Topper," "Hill Topper," "Hill Topper" I thought, what kind of food blogger would I be to resist? I didn't even try. "Hill Topper," I grinned, "with sweet potato fries instead of regular." (The substitution is $2 extra, but worth it, though the original options—regular fries or house-made potato chips—are great too.) I was hungry. I was excited. At least, until one of the owners playfully remarked, "A little girl like you can't finish that." He was amused. I was not.

Flash forward to a long while later, the little girl at the table did finish the Hill Topper, though, when you order it, which you must, you'll understand when I say: This was no simple task. But in defense of women('s stomachs) everywhere—and in anticipation of my picture being "put up on the wall," as the owner promised me—I ate every last bite of that burger. Even if it did, by the end, feel like more of a feat than sprinting up the Hill.

Now, the third time I went to Cosmo's (and keep in mind, this is all since school started), I ordered the Hill Topper again, which can only speak to its masochistic addictiveness. My arms drip with red-colored chili grease from wrists to elbows. My arteries sob. And I couldn't care less. The burgers are juicy and hot off the grill: never frozen and well-cooked. The bun is baked in-house. The onion rings are wide and crispy. The fried pickles—providing a much-needed kick of vinegar to round out all that fat—are surprisingly good.

Besides the restaurant's magnum opus, I've also tried the lamb burger—a chalkboard special that doesn't seem to be going anywhere anytime soon—twice and have enjoyed it both times. Unlike The Hill Topper, it "only" has one meat patty, but the size is still enough to feel full when you're finished. While I would prefer the lamb to be cooked closer to the medium-rare side, it wasn't overcooked to the point of dryness. Also unlike The Hill Topper, this burger is topped with lots of melted feta cheese, which is enough to make most people happy—right?

Ah. Yikes. I know what you're thinking. "Most people" who eat meat. What if you're a vegetarian? Or a pescetarian? (Or one of those people who "only eats chicken," a diet one of my suitemates loyally follows, and insists that many others do the same.)

PHOTO BY SEAN D. HENRY-SMITH '15

Here's the breakdown. With Cosmo's breakfast options and specials not included, there are 20 regular items on the menu, and eight of those are vegetarian friendly. And perhaps it's worth mentioning that when I say eight, I'm including five sides: potato chips, sweet potato fries, French fries, onion rings and fried pickles. (Though, who wouldn't want to make a meal of potato chips and fried pickles?)

If you're a pescetarian, there's a good chance you'll happily order the "Crabby Patty" again and again, as this crispy, oversized crab cake sandwich is flavorful enough to make even the ever-grumpy Squidward proud. But if you're a full-on vegetarian, this probably won't become your go-to spot. Editor-in-Chief Bonnie Wertheim '14 sampled "The Pretender," the humorously (verging upon teasingly) titled veggie burger, and said it wasn't "all that great."

However, if you're not on an only-chicken/only-fish/only-vegetable diet, and you haven't yet been to Cosmo's: It's time to go. A local named Leslie dining near me described the restaurant as, "a good, cheap place to eat," only to revise her review to: "It's perfect." As a suck for a good burger, I'm included agree.

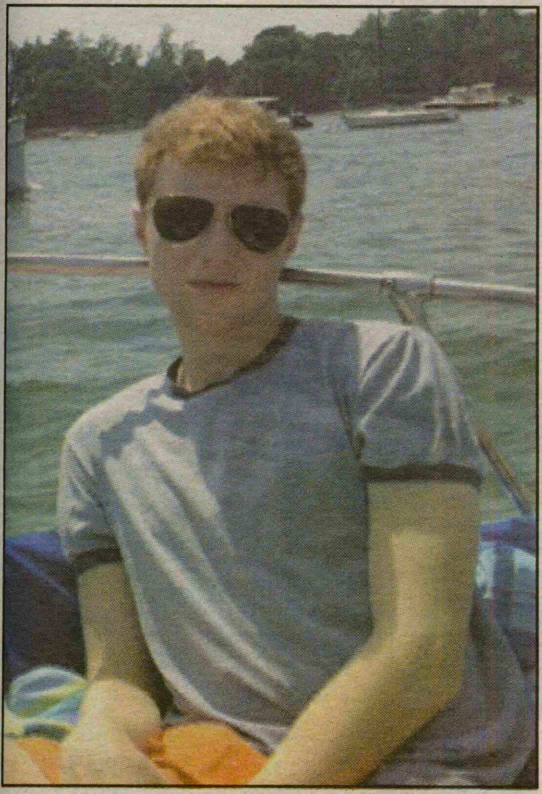
Cosmo's serves above-p burgers, icy beers, nice wines (try Crimes for a good red), and gourm cupcakes that sell out sooner th you can order them. (For dessert had to settle for the Chocolate Ca noli Cake, which, as you can gues wasn't really "settling" at all.)

If you're wondering where th place is? Right next to the liqu store: A.K.A. right down the Hi For a typical dinner, you'll like spend less than you would at t liquor store. The sandwiches rang from $4.95 for the modest Abb Hoffman Hot Dog, to $11.95 for t monstrous Hill Topper. That said somehow anticipate my budget b ing compromised by Cosmo's in t upcoming months. Even if I do st hold a grudge that my picture is up on the wall for my accomplis ment. At least, not yet.

43 Meadow Street, Clinton
(315) 381-3300
Atmosphere: Casual, busy, b not too loud
Service: Knowledgeable, ve friendly
Recommended dishes: Hill To per, lamb burger special, Crab Patty, fried pickles, any of the sp cialty cupcakes
Liquor: reasonable selection beers, ciders, and wines
Price range: Reasonable vergi on cheap
Credit cards: All major cards
Hours: Monday-Friday 11:30 a to 9 p.m., Saturday 7 a.m. to 9 p Sunday 7 a.m. to 7 p.m.
Reservations: Not necessary

Bachelor and Bachelorette

Thomas Isen '15



COURTESY OF THOMAS ISEN '14

Hometown: *Bryn Mawr, PA.*

Home on Campus: *Milbank 20: Sweet Suite.*

Major: *Chinese and World Politics.*

Turn On? *Good smell, put together and him making the move*

Turn Off? *Bad teeth*

If you were a dorm which would you be and why? *Milbank because it's located on the dark side but inhabited by both dark siders and light siders.*

Lights on or lights off? *On.*

If you had to describe yourself as the love child of any two musicians, whom would you pick? *Chris Martin and Azealia Banks.*

What advertising slogan best describes your life? *It's finger lickin' good*

What TV genre best describes you? *Dark comedy*

What's the best pick-up line you've ever used/had used on you? *used on me: "Hi, I've been following you"*

What's your type? *Cleancut, but could definitely be into some scruff.*

What are three things you cannot live without? *My large family, my close friends and TP.*

If you were any social space, what would it be? *Bundy because I will forever be a sophomore at heart.*

Where do you go when you want to be alone? *For a drive in my car blasting music (Coldplay takes me to good places).*

If you could join one group on campus, what would it be? *CAB #RIDEIT !*

What's your spirit animal and why? *A fox cause I'm sly, little, and have red hair. What does the fox say?*

If you could break one rule at Hamilton and get away with it, which would you choose? *No candles in the dorms.*

What would you give a thumbs up? *Good food, seriously.*

What would you give a thumbs down? *Hardos.*

Who would you say is your campus crush? *He knows he is ;)*

Who would you say is your faculty crush? *Literally no one, sorry faculty.*

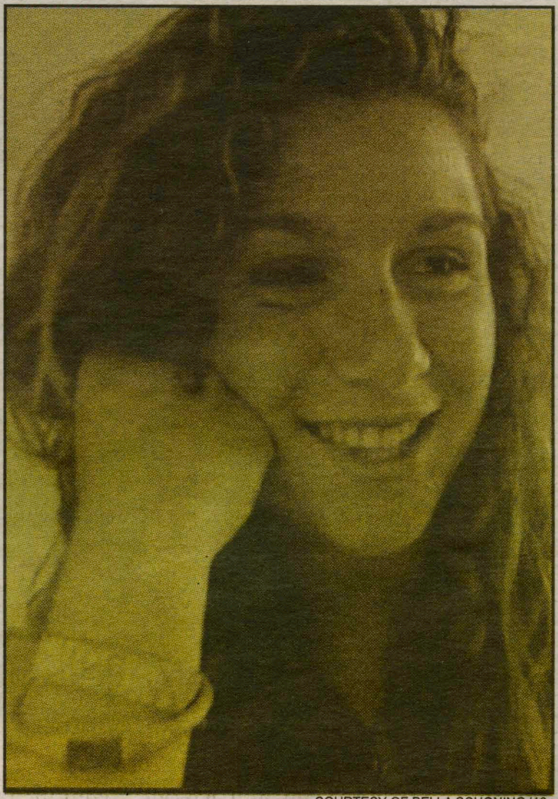
What would your perfect date be? *October 3.*

What is the weirdest thing currently in your room? *Cardboard deer head (I've been told it makes me look like a wannabe hunter – A. Mariwal).*

If you could remake the points system, what would be the number one offense? *Smoking cigs outside of Opus.*

If you were a food, which would you be and why? *White rice with soy sauce because I would be all I ever need.*

Bella Schoning '16



COURTESY OF BELLA SCHONING '16

Hometown: *Woodbury, NJ.*

Home on Campus: *Dunham.*

Major: *Everything.*

Turn On? *Smile*

Turn Off? *Something in his teeth when he smiles.*

If you were a dorm which would you be and why? *Milbank/Babbitt because every turn keeps you guessing*

If you had to describe yourself as the love child of any two musicians, whom would you pick and why? *Frank Sinatra and Janelle Monae because it would explain my eclectic taste in music.*

What advertising slogan best describes your life? *Don't worry, be happy.*

What TV genre best describes you? *Animated*

What's the best pick-up line you've ever used/had used on you? *"If you were a booger, I'd pick you first."*

What's your type? *Fit, smart, outdoorsy, goofy, himself, preferably dark hair*

What are three things you cannot live without? *Family, friends and fruit.*

If you were any social space, what would it be? *Bundy.*

Where do you go when you want to be alone? *For a run on the G-road loop or in the Glen, of course.*

If you could join one group on campus, what would it be? *People Who Like to Do Fun Things.*

What's your spirit animal and why? *Cocker spaniel because that's what my Adirondack Adventure group said.*

If you could break one rule at Hamilton and get away with it, which would you choose? *Stealing the ice cream vendor from Commons for my friend Courtney.*

What would you give a thumbs up? *Taco salad.*

What would you give a thumbs down? *Humidity.*

Who would you say is your campus crush? *Guy in last year's English class*

Who would you say is your faculty crush? *The guy with the glasses who works at the Diner (or at least did last year).*

What would your perfect date be? *Something spontaneous.*

What is the weirdest thing currently in your room? *A Shake Weight.*

If you could remake the points system, what would be the number one offense? *Assigning any work due Fridays or Saturdays by midnight.*

If you were a food, which would you be and why? *Buffalo Wings because there's no hiding the mess.*

Ancient Japanese puppetry in Wellin

by Meghan Doherty '14
Social Media editor

Dougaeshi is an ancient Japanese term that translates to "set change" and refers to a long-forgotten style of puppetry. Famed puppeteer Basil Twist came to Hamilton to perform his new piece, titled "Dougaeshi," mastering these set changes with a series of sliding doors. The performance, which took place on Sept. 13 and 14 in Wellin Hall, kicked off the 25th anniversary season of Hamilton's Performing Arts Series.

The show featured musical direction by Yumoko Tanaka, an experienced shamisen player and vocalist. Tanaka also accompanied the performance with live shamisen music. The music and additional sound effects set the mood and immersed the audience in the setting. Twist was one of four puppeteers performing the show, which also featured Kate Brehm, David Ojala and Jessica Scott.

"Dougaeshi" was commissioned by Japan Society in 2003. It premiered in 2004 at Japan Society for the 150th anniversary of the U.S.-Japan treaty.

Twist arrived on campus last Monday to set up for his performance and to speak to a few of Hamilton's theater classes. During his session with "Advanced Seminar in Performance," he answered questions about the show and discussed his experience in the field of puppetry. He also demonstrated maneuvers with Stick Man, his first puppet. Stick Man is a fairly simple marionette, but Twist is able to give life and energy to puppet, making it seem incredibly life-like.

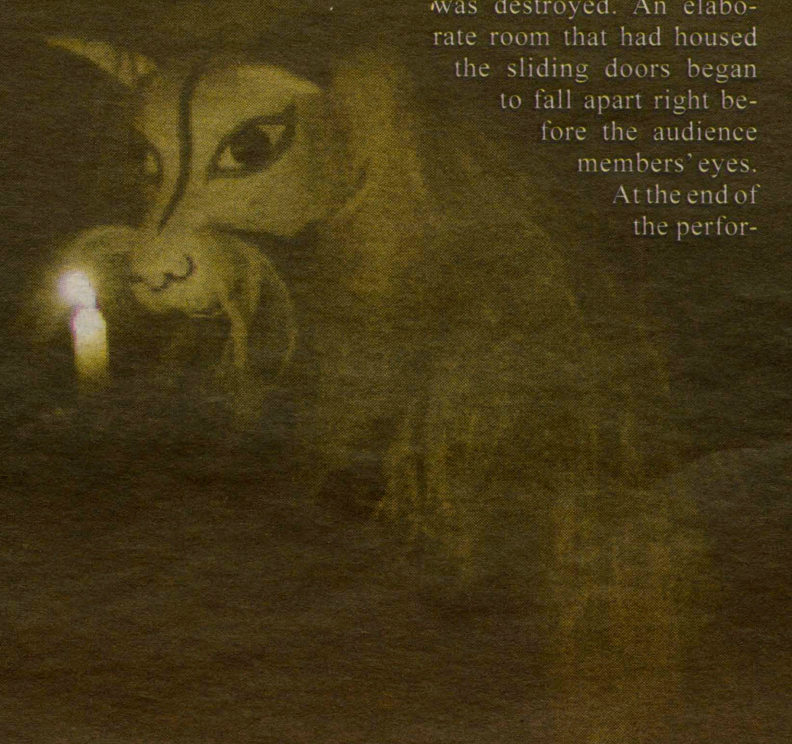
The show began with three white cloths being drawn back from alternate sides. The simple movement was done extremely deliberately, starting off slow and then accelerating, while an off-stage performer hit wood block to keep time. During the performance, a curious white fox scrambled around the stage, examining candles, fire and even the musician. The fox appeared to run and fly on its own, with no signs of the puppeteer controlling it.

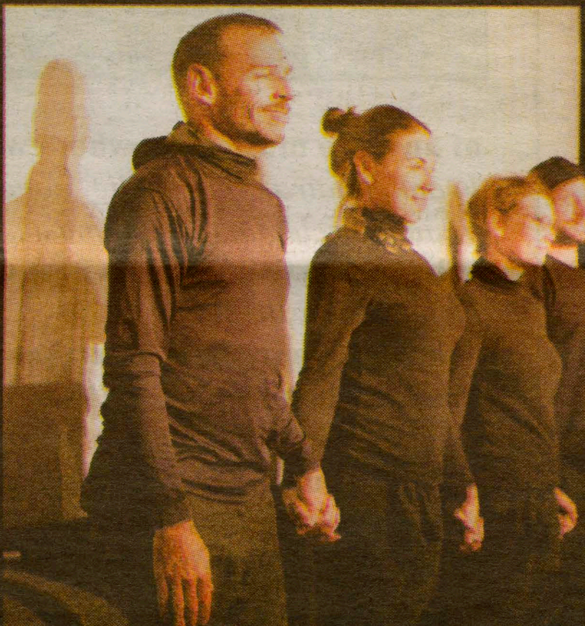
The show took advantage of projection design, featuring a sampling of urban scenes. It also featured a video of Japanese women discussing the art of Dougaeshi.

One of the most striking aspects of the piece was its climax, when the entire set was destroyed. An elaborate room that had housed the sliding doors began to fall apart right before the audience members' eyes.

At the end of the performance, the set was reconstructed and the beauty of the doors was restored.

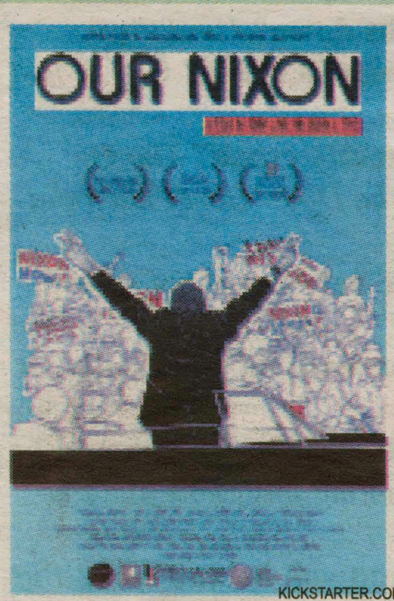
The performance featured a total of 88 sliding pieces. Each door had a style and personality that resonated in its design and movement. With his originality, Twist was able to bring something completely different to the Hamilton arts community and open doors to the world of puppetry.





Above, Twist's white fox puppet. Below, Twist (far left) with the three other puppeteers in his crew. The show was accompanied by shamisen virtuouso, Yumiko Tanaka (right).

PHOTOS BY ZACK BATSON



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Molsky brings folksy charm to the Barn

by **Charlotte Hough '14**
ARTS AND ENTERTAINMENT WRITER

"There's nothing formal about what I'm going to do," fiddler Bruce Molsky told an expectant audience, inviting concertgoers to the front to dance. While nobody took him up on his offer, his announcement set a casual tone for the performance. (yes, that meant foot-tapping and knee-slapping were allowed and encouraged!)

The Bronx-born musician performed at Hamilton on Thursday, Sept. 12 in the Fillius Events Barn. Molsky demonstrated a vast experience with the genre through a variety of tunes, many of which came from his newest album, *If It Ain't Here When I Get Back* (2013). Casually picking at his guitar or banjo in one moment, he would be sawing away on his fiddle in the next. Molsky used sparser instrumentation on tunes with vocals, which luckily did not compromise the quality of the final product.

Molsky began on fiddle with a sequence that included "Norwegian Wedding March" and the western North Carolina tune "Sandy River." Moving through the melodies with the agility of a seasoned performer, Molsky alternated higher E- and A-string licks with lower double-stop drones. As a soloist should, he coaxed dueling voices out of his violin. He played effortlessly but also humbly, treating Hamilton students and community members to a refreshingly un-showy performance.

After the fiddle sequence, Molsky switched to banjo and vocals with "Cumberland Gap," a tune that appears on the new record. Then out came the acoustic guitar for Joseph Spence's "Bimini Gal." The playful, hummable melody seemed to charm the audience, especially as Molsky skillfully ended it on a high harmonic.

Beckoning the "smaller people," the children in the audience perhaps up to dance, Molsky continued his first set with "Lazy John." His clear and ringing voice was the standout in this piece as he crooned about simple living—working all week in the noon day sun and "goin' to a dance to have some fun." Molsky finished the set with songs from the Celtic, West African, southern United States and Finnish traditions.

"Folk music has the same purpose for everyone," Molsky admitted to the audience during the second half of the concert. He (maybe appropriately) followed this piece of wisdom with two tunes from Scandinavia and a Martha Burns cowboy song—"You can't have a folk music concert without a cowboy song."

Warm, excited applause prompted Molsky to whip out an old favorite for the encore—"Cotton Eyed Joe." The crowd-pleaser was well-received, and it brought me back to dance nights at the YMCA family camp on Lake Winnipesaukee. Molsky's organic interpretation of the folk tune at times offered unexpected syncopation.

"Now I really wanna dance!" my seat neighbor and fellow Hamilton College Orchestra string player whispered to me. And while I gather that many guests felt the same, nobody took the plunge. On another night, under different circumstances—maybe in a crowded pub or at an impromptu hoedown—Molsky's soulful yet straightforward fiddling would have surely brought crowds to the floor.

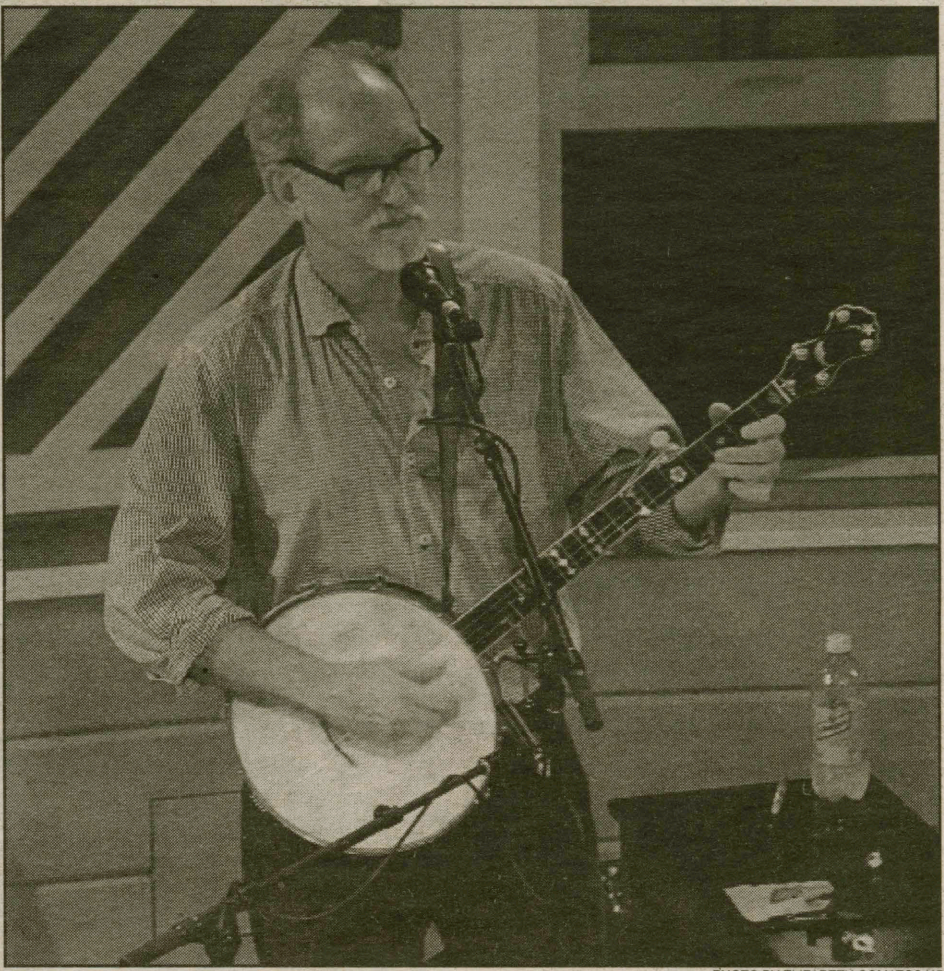
PHOTO BY ELIZABETH COMATOS '15

Bruce Molsky energizes the crowd with original tunes from his solo album "If It Ain't Here When I Get Back."

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A Sense of Place

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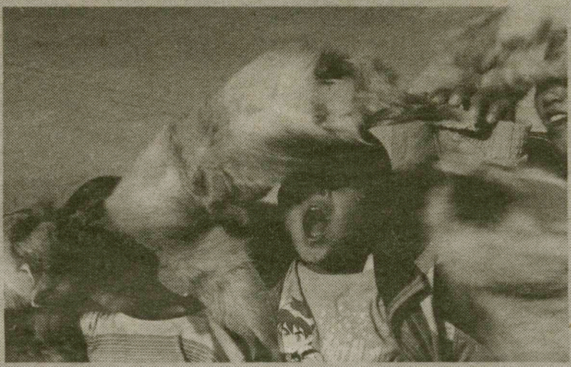

Frohawk Two Feathers
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September 28 – December 22, 2013

Curator: Mary Birmingham
Curator, Visual Arts Center of New Jersey

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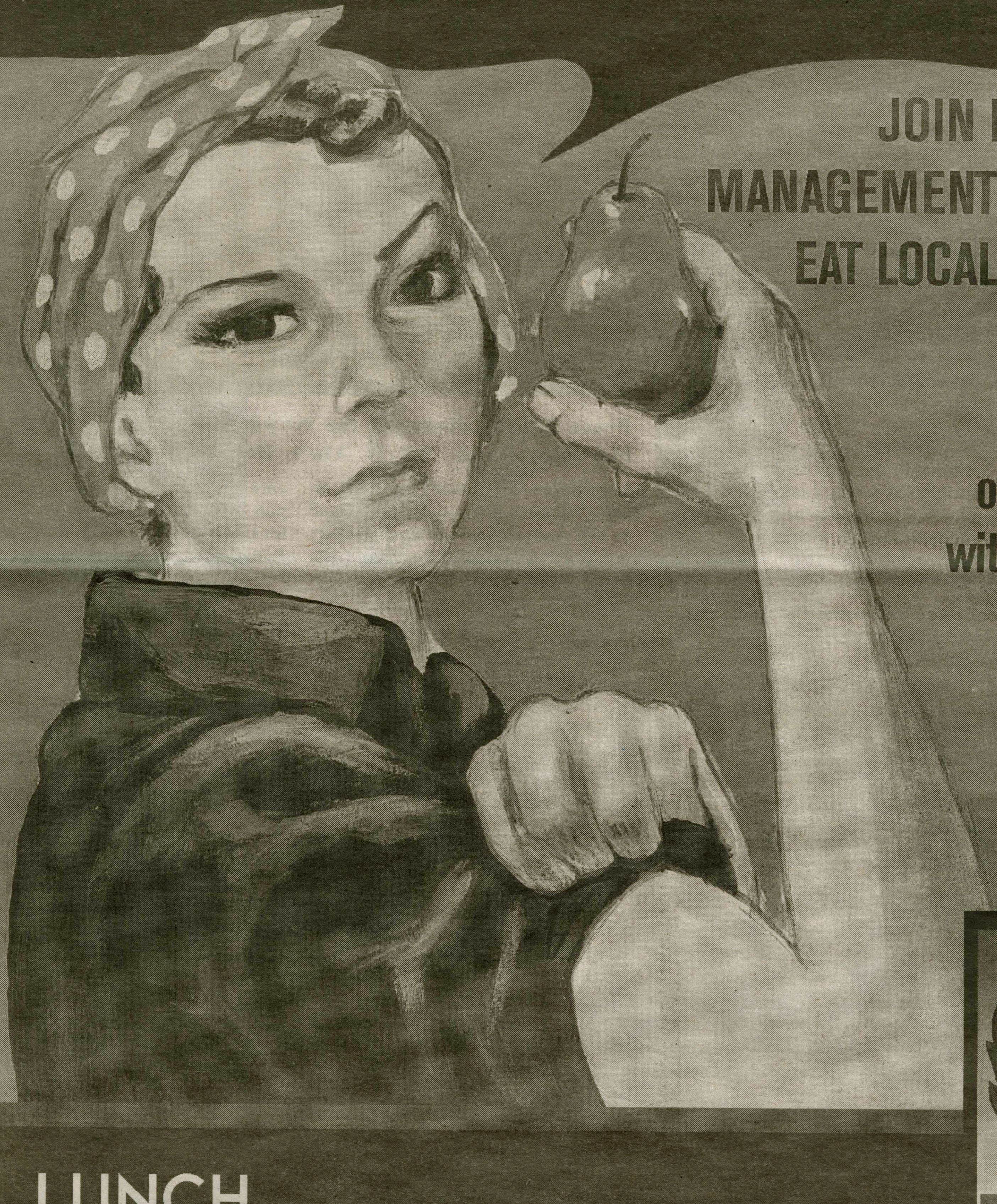

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Hamilton's Real Food Challenge Week:
Monday Sept. 23rd - Friday Sept. 27th

So you say you want REAL food?
We do too. Help us make it happen and celebrate this week!

Monday:
- **Farmer's Market on Martin's Way** 11- 2 pm with local vendors and **Hamilton Community Farm!**
- **Seasonal Produce Sampling** in Sadove Living Room 4:30 - 6:30 pm with Bon Appetite's Pat Raynard and Derek Roy cosponsored by the Hamilton College Community Farm!

Tuesday:
- Eat Local Challenge Lunch at Mcewen with **LOCAL** and **ORGANIC** ingredients
- Catch us at **Trivia Night** to test your Real Food knowledge!

Wednesday:
- Panel Discussion **Luncheon** with Taylor & the Cook and Opus, Bon Appetite's executive Chef Derek Roy, and a few surprise guests at the Blood and Fitness Center 12 pm - 1 pm. The Luncheon will include **local meat, dairy, and produce.** Learn how and why they're all keeping your food "Real"

Thursday:
- **Nutrition Talk** 4:30 pm - 5:30 pm featuring Bon Appetit's Nutrition advisor, Danielle Rossner, at the Blood and Fitness Center Conference room. She will discuss the benefits, myths, facts, and nutritional tips surrounding vegeratian and vegan diets
- Senior Pub Night Takeover with **beer and cheese tastings** (Proper ID required)

Friday:
- Extra **volunteer hours** on the **Hamilton Community Farm!** *Hours TBA
- **Pot-Luck dinner** at McEwen 6:00 pm - 8:00 pm with Mohawk Valley Slow Food! **Bring a dish to pass made with Real Food if you are hardcore.**

Let's Keep Hamilton's Food Real!
Local. Low-Impact. Fair. Humane.

STUDY ABROAD IN ENGLISH

YES, STOCKHOLM

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September 25, 2013
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Men's golf driving through the fall season

by Kaitlin McCabe '16
News Editor

The Hamilton men's golf team is only two tournaments into its fall season, yet Greg Scott '14 is already anticipating that, "this team could really make some noise in the next few weeks." Scott, a three-time NESCAC All-Conference and All-Region honoree, is one of four returning golfers who competed for the Continentals in the 2013 NESCAC Championship in the spring, in which they finished third at the qualifier. The loss of strong seniors, though disappointing, has not worried the 2013-2014 team. "Others have stepped up to fill [their spots]," Matt Yung '16, the 2012-13 NESCAC Rookie of the Year, said.

So far, the men have seen a promising start, finishing fourth at Skidmore's Tim Brown Invitational and, most recently, fifth at Middlebury's Duke Nelson Invitational last weekend. The team finished the first day of the tournament in the lead of 22 teams by one stroke. Scott and Yung shot an even par 70, Mac Pivirotto '15 shot 74, Chris Bousquet '16 shot 77 and John "Gipper" Gailor '15 shot 86. In total, the men finished with a score of 291, the most impressive record by a Hamilton College men's team in a single tournament.

Unfortunately, Hamilton was unable to maintain its strong lead—the team finished a disappointing seven strokes behind winning team Middlebury after a tough second day of tournament. Head Coach Steve Stetson, however, views this loss as a sign of the potential the current team has for future competitions.

"A seven shot deficit for a four man team is a very small differential...The guys will learn from this and realize that at this level very little separates the winner from fourth or fifth place team."

The unexpected drop in ranks did not discourage Scott either. He said, "It was promising to see our hard work and practice pay off. Our energy level was awesome! The parent and fan support was great and made it a really fun weekend. All of our guys left...excited to take our success and knowledge to Williams this week!

The Hamilton scores for the Sunday of the Middlebury Tournament were Scott 74, Pivirotto 76, Bousquet 80, Gailor 82 and Yung 84.

This upcoming weekend, the Continentals will compete in the Williams Invitational. The team's final scores each tournament will determine whether or not Hamilton will compete at the NESCAC 2014 Spring Championship, the qualifier for which will be held in two weeks at Bowdoin. "Who knows, maybe we can go low enough to win the darn thing," Scott said. He has great confidence in the team's abilities to accomplish this feat this season. According to the veteran champion, "It just takes a little bit of courage, some hard work, and the constant reminder to play one shot at a time."

For coaches and team members alike, the 2013 fall season for men's golf has great potential to be a significant success for the Continentals. As they have such a short fall season, the team must capitalize on each opportunity. But they are ready and eager to face each tournamnet. Perhaps Bousquet most proudly captured the team's enthusiasm for their next tournament at Williams College and the other competitions that lie ahead when he said, "this could be our best year yet."

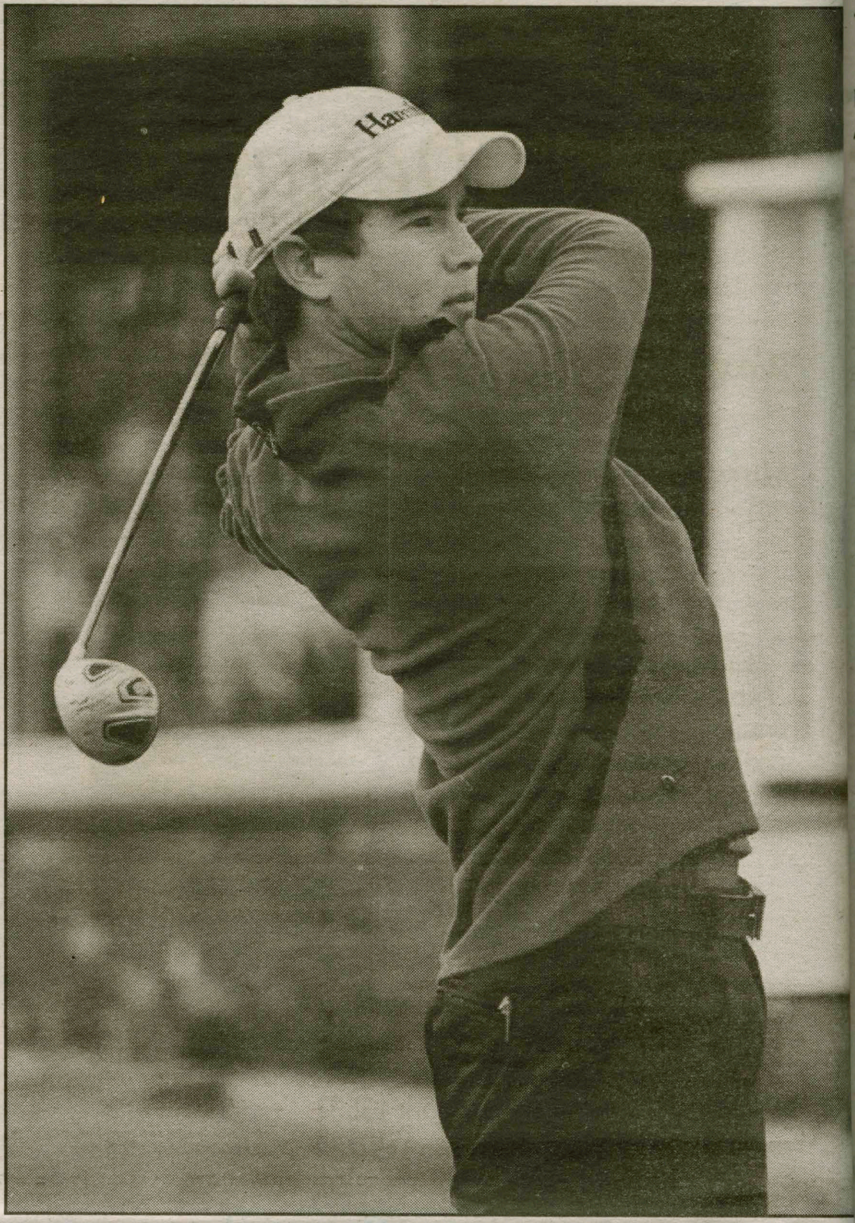

PHOTO COURTESY OF MIKE DOHER

Sophomore Matt Yung shot an 84 in Middlebury's Duk Nelson Invitational Tournament last Saturday

FH wins NESCAC game

*from **Field Hockey**, page 16*

the ball up to the forwards."

This has so far been the season of the first-years for the field hockey team, with Rosencrans scoring the only goal in this contest as well as one against SUNY Oneonta in the opener. Fellow first-year Emma Anderson added another goal in that game, along with Sam Sherman '15. Coach Gillian McDonald has nothing but good words about the class of 2017, saying, "They are playing with a lot of confidence right now that you would never even know they were first-years."

As the Continentals continue their season, they will no doubt use this win as a springboard to future successes. Coach McDonald said, "The Bates win gave us a ton of confidence and really got the monkey off our back." Similarly, Rosencrans believes that, "Coming off this win, we will definitely be going into [the game against Conn. College] with a little more confidence. We now know that we have what it takes."

This Saturday, the Conts will head down to New London, CT to face the Camels of Connecticut College. Taking each game one at a time and hoping that their win at home will translate into future wins both at home and on the road, McDonald added, "Our goal is to be better today than we were yesterday. We are looking forward to building off the confidence that our win against Bates gave us." Trentini added, "I was so proud of how we played on Saturday as a team. It was more than just a victory–we executed everything that we practiced and I hope that we can continue that work ethic throughout the season." If the Continentals continue to capitalize on scoring opportunities and to translate what they work on in practices into their games, there is no telling how far they will go this season.

PHOTO COURTESY OF DOUG HASKINS

The Continentals celebrate after smashing a 22-game losing streak.

XC back in action

*from **Cross Country**, page 16*

returning runners on their rosters. Five of the men's top six finishers in 2012 have remained with the team, and six of the women's top seven finishers have also returned.

Both teams have gained a new batch of talent, with nine first-years who just arrived on the Hill. This positive start and promising roster forecasts another successful season for the cross-country program.

With these strong first-years backing a great group of returing athletes, Coach Ellen Hull remarked "We have a very strong freshman group and a solid returning group, including six top-notch senior leaders that should help create a great mix."

As the team looks forward to its next few meets, it also looks forward to the return of many runners. Coach Hull says, "A few of our better runners weren't able to run this weekend, so our team will only get stronger once they are back in the lineup."

As they move forward in the season, the Continentals look to improve in each of their upcoming invitationals. Barring any future injuries, and with the return of their injured leaders, the team is in a prime position for their next races. With such a short fall season, they feel the pressure each time the gun goes off.

The cross-country team will be attending the Rensselaer Invitational this Friday Sept. 20 at Saratoga Spa State Park. They will be up against some stiff competition, but the Continentals should impress with their talent and drive to succeed.

"We have a very strong freshman group and solid returning group, including six top-notch seniors."
—Coach Ellen Hull

Hamilton's Hot Saucers bring tenacity to first tournament of fall season

by Ilana Schwartz '17
Sports Writer

Hamilton's Hot Saucers shed blood, sweat and tears in their tournament on Sunday, Sept. 15. The frisbee team combined veteran skill and rookie enthusiasm while competing against Binghamton, SUNY New Paltz, Adelphi, RPI, RIT and Lafayette. The Hot Saucers came in second place, losing the championship game against Lafayette just 13-9.

PHOTO BY DAVID MORGAN '15

Min Sohn '15 flips a backhand to a teammate during this past weekend's frisbee tournament in Binghamton.

The team played a total of six games, each lasting 70 minutes. It was surely an exhausting day, but the team members kept their spirits high as they fought hard during the championship game. According to captain Libby Chamberlin '14, "until the last point of the last game, [a win] was a very real possibility."

One particular highlight during the day was the teamwork between senior captain Alex Lowy and first-year Sam Carletta.

During the Binghamton game, the end was nearing with a score of 11-11. The win would go to the team with the next score, so Lowy received the frisbee and proceeded to pass to Carletta who waited for the disc in the back of the end zone. This "sealed the victory for the Hot Saucers, guaranteeing their spot in the quarter finals," according to Lowy.

The team did a great job recruiting new players this year considering the large number of rookies that are now on their team. Most of them are completely new to the sport, but according to Chamberlin, they are "learning at a breakneck pace."

> **"[I am] confident in our ability to put out strong lines of players...and have a successful tournament next weekend."**
>
> *—Libby Chamberlain '14*

Lowy, one of the male captains on the team, adds that the returners are impressed with the new players, especially considering how "every single one of them improved noticeably over the course of the day" on Sunday. There are rookies from each grade, each with different skill levels, but this weekend they proved themselves on the field by helping the team make it to the championship only two weeks after the season started.

After seeing their strengths and weaknesses, the team members will mainly focus on strengthening their offense. With a solid group of eight seniors leading the team this year, the novices are in good hands to help them improve. Chamberlin also says that she is "confident in our ability to put out strong lines of players, complete clean points, and have a successful tournament next weekend."

The Hot Saucers are headed to Buffalo this weekend to participate in a 48 team tournament. After putting up a great fight at the tournament this past weekend, they are getting ready to continue improving upon their cohesiveness and intensity as the season progresses.

Inches from victory, men's soccer settles for the tie

by Patrick English '15
Opinion Editor

Twenty-four shots were not enough on Saturday as the men's soccer team played to a scoreless tie against Bates. Despite controlling the ball for the majority of the game, they were unable to put it in the back of the net.

Hamilton started off the game with solid attacking pressure, possessing the ball in Bates' half of the field. They continued to move the ball solidly down the left side, but had trouble moving it into the middle to set up shots for their strikers over the first ten minutes of the game.

This changed when things started clicking for the Continentals midway through the first half. Starting from the back, Hamilton's defense moved the ball out of their third and up the field. The midfield possessed the ball well but the Continentals were unable to score goals despite twelve first-half shots. As Griffin Abbot '15 noted, "Our defense is the most solid I've seen since I've been here. The shutout was great, but we really need to get the goals."

After a very similar second half in which the Continentals shot seven more times, they started to pick up the intensity. They moved the ball quickly down the field, shooting five times in the last ten minutes of regulation. This continued in overtime, as Hamilton outshot Bates 5-0 in the extra periods. Unfortunately they had nothing to show for this change in urgency, as the game ended in without a goal. "Our fitness was great. We picked up the intensity in the second half. We were just missing composure. Every shot it seemed like, you know, one step to the right to get the goal. The execution was the problem," Abbot said.

> **"We have a fundamental rhythm and it definetely starts with our defense."**
>
> *—John McGuinnis '14*

It really was a game of inches for Hamilton, as they set up a number of great shots that went wide, over the net, or into the hands of the keeper. The task of shot selection and shot placement will definitely be a talking point for the Continentals this week as almost every player had a few solid looks on goal.

Despite the tie, the Continentals were very pleased with their defensive play. "Our defense starts with the formation. We play a 4-5-1 so it starts with our four back and then up to [Jacob Frost '15] and [Leo Nizzi '14]. We have a fundamental rhythm and it definitely starts with our defense," John McGuinnis '14 explained. "There's a lot of seniority on the defense. Zack Becker played a lot last year, he's doing great this season. Buck Reynolds is doing incredible in the center. It just seems like they're the most intense part of our team, they're the loudest part of our team. They're the heart of our team right now," Abbot added.

With the tie, Hamilton moves to 1-1-1 (0-1-1 NESCAC) on the season. They face Connecticut College on the road this Saturday. McGuinnis and Abbot stressed the urgency of getting wins now to set themselves up for a playoff push late in the season.

"From the teams we've played, and what's been going on the NESCAC seems a lot more even this year. It's usually a little skewed towards Williams and Amherst, but this year Trinity beat Williams and we tied Bates. Expectations are different. We really need to beat Conn College on Saturday."McGuinness said. "We just need to get the points. The positivity is there, we all feel good about how we're playing, we're all confident. Our defense is there...as long as we just stay composed when we get in the final third we're going to get one in," Abbot added. With a strong defense and a newly inspired offense, men's soccer looks to take off in this fall's upcoming challenging NESCAC schedule.

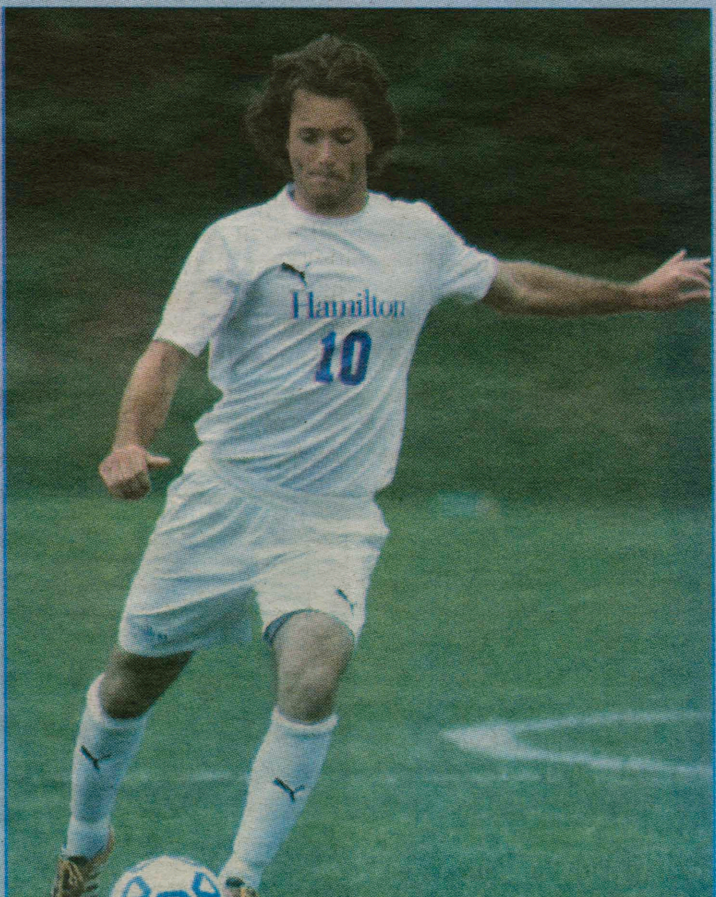

PHOTO COURTESY OF MIKE DOHERTY

Senior Captain Leo Nizzi lines up to take a shot in Hamilton's scoreless tie against Bates on Saturday.

SPECTATOR SPORTS

September 19, 2013

Women's soccer slinks past Bobcats 1-0 at hom

by Sterling Xie '16
Sports Writer

The Hamilton women's soccer team has hopes of being a legitimate NESCAC competitor, but the first few wekks have presented the Conts with some challenges. At 2-1-0, they have manged to keep a winning record thus far. There have been some troubling indicators beneath that mark though, including a 0-2 loss against Trinity on Sept. 7, a team that missed the NESCAC playoffs in 2012. However, their 4-2 win against SUNY Oswego started the season off on the right note.

Of course, perhaps some early-season speed bumps were expected, given that Alex Rimmer '13 scored nearly a third of the team's goals last year. The Continentals' most recent win, a 1-0 home victory over Bates, was the all-around effort that is the exact kind of jumpstart the team needs to propel itself up the conference standings.

"There's certainly been an adjustment up front," admitted Head Coach Colette Gilligan. "We're not necessarily relying on the forward spot for all our offensive production. We play five midfielders, and those players have proven to be an integral part of the scoring so far this year."

Indeed, the lone goal last Saturday came from midfielder Victoria Freeman '16—her second of the season. Freeman scored three goals in 2012, so it's not as if finding the back of the net is an unfamiliar practice. However, Freeman revealed that she and the other midfielders do feel a little more pressure to produce successful plays.

"As a team, we knew losing Alex [Rimmer] would be tough, but collectively everyone has continued to step up their game," she said. "So far we've been able to find the back of the net. As an upperclassman, I definitely feel like I have more responsibility on the field, but with my teammates working so hard around me, we have been able to create a lot of scoring opportunities, and capitalize on them."

Fortunately for the team, they have not yet encountered any of the NESCAC powerhouses. That will start to change soon, as following a pair of games against Wesleyan and Connecticut College, the Conts will face a three-game stretch against Amherst, Bowdoin, and Middlebury, all of whom fi ished ahead of Hamilton in t NESCAC standings last yea

Coach Gilligan thinks t team is coming around b knows they will have to co tinue gelling as a cohesive u to beat those teams. "I thi we've definitely improved t last couple weeks," she sai "We're mostly making tac cal adjustments from game-t game. It's a process, but I thi we'll be ready for when we fa those teams."

It has been an ensemble e fort thus far, as six players ha recorded a point through thr official games (the Conts we leading 7-0 against SUNY Ca ton, but the game was postpone in the 53rd minute due to ligh ning and must be re-played For reference, only William and Trinity have more playe with a point among NESCA teams so far. That kind of offe sive balance was exactly wh the team envisioned at the sta of the season.

If the all-around productio continues through the upco ing games, Hamilton might fi itself meeting preseason expe tations after all.

PHOTO BY HANNAH LIFSET '14

Midfielder Becca Reeds '16 looks to pass to a teammate on a crossing play.

XC strong out of the gate

by Daphne Assimakopoulos '17
Sports Contributor

The Hamilton cross-country team began their season on the right foot this past Saturday with the Hamilton Short Course Invitational. The Continentals competed against Rensselaer Polytechnic Institute, LeMoyne College and Clarkson University.

The women took second place overall, finishing with 33 points in the four-kilometer route. RPI came out on top with 29, and LeMoyne and Clarkson had with 78 and 88 respectively.

The Continentals finished strong with four runners placing in the top ten. Adrian Walsh '16 took second place overall with a time of 15:00.9. Samantha Buttrick '17, Hannah Lyons '14 and Hannah Kloeckner '14 also finished in the top 10.

Coach Ellen Hull was pleased with the solid showing, commenting that "this was our opening weekend and the other teams there had already raced once or twice. The team worked hard over the summer and is getting better every week."

RPI and Clarkson edged out the men's team, as the Continentals finished third overall with 59 points. Coach Brett Hull noted, "our results were encouraging [because] we held out several top runners that are rehabilitating injuries. They will be in the line-up soon."

Hamilton had two top 10 finishers: Benjamin Yeo '15 finished fifth overall, and Adam Pfander '16 finished first.

Pfander finished with a time of 19:12.6 on the six-kilometer course, fighting at the finish to beat out the second place finisher by two seconds. This is Pfander's first invitational win and an excellent beginning to his sophomore season.

Coach Brett Hull expressed that "Pfander had close to a two minute improvement in his 6K time over last year. We are excited to see what he will do in the 8000m race".

Both the women's and men's teams have dependable

*see **XC**, page 14*

PHOTO BY HANNAH LIFSET '14

Evan Abelson '16 leads the pack through the cornfield during Saturday's Hamitlon Short Course Invitational.

Field Hockey, FTW

by Ben Fields '15 and Siriana Santacrose '15
Sports Editors

For some teams, a 22-game losing streak can have a demoralizing effect on athletes. But for the Hamilton women's field hockey team, this statistic made that first win feel that much sweeter. Facing the Bobcats, who went 4-10 last year, the Continentals came away with their first win since October 2011 in a 1-0 victory over Bates last Saturday. The Conts have had a great record against the Bobcats, winning two of their last three games against them.

While the Bates game was decided by a single goal with 9:42 left in the second half, the Continentals dominated throughout the contest. They enjoyed a 29-7 shot advantage, along with 18 penalty corners to Bates' four. Keeping the pressure on throughout the gam eventually led to the break through goal from Eva Rosencrans '17.

"It was such an excitin moment," Rosencrans recalle "Winning this game was such huge moment, and I am so happ we had the chance to prove ou selves and set the tone for th rest of the season."

Goalie Victoria Trentini '1 also played a major role in th win, executing her second care shutout and bringing her sav percentage for the season up t an impressive 0.828. Lookin back, she said "there were defi nitely a mix of emotions goin on throughout the game. Afte we scored, those last nine min utes felt like an hour. But as defensive unit we were not goin to let them score… the defens was able to stop whatever Bate

**"It was more than just a victory—
we executed everything that
we practiced"**

—Victoria Trentini '15

*see **Field Hockey**, page 1*